

ADPTC Newsletter

Volume 3, Issue 1

February 2001 (Winter)



President's Column

Bob Hatcher robhatch@umich.edu

Thanks to the efforts of several Executive Committee members, the ADPTC Mid-Year Meeting has been arranged for Friday March 16th and Saturday March 17th, near the Dallas/Fort Worth Airport. We selected this site because it seems geographically central and has cheaper fares and more direct flights from more cities.

Bobbi Volmer found the Hilton Dallas/Fort Worth Lakes, which is 2 and 1/2 miles from the airport, has free shuttle service, three restaurants, what seem to be nice meeting rooms, a health club and a pleasant setting. The rates are stated as follows. In their conference package deal a single is \$225 and a double \$149 a person (plus 27.25% surcharge) per 24 hour time. This includes the guest room, airport shuttle, meeting room, breakfast and lunch buffet, coffee breaks, AV equipment. The half day rate is \$65 per person (plus 27.25% surcharge). If you were to fly to Dallas Friday morning and we were to start the meeting at noon with lunch, the cost would be \$65+ for a half day rate plus \$149+ or \$225+ for lodging Friday night depending on whether you had a single or double. If you stayed over Saturday night, the room would cost \$89 Saturday night. To make reservations, call Betty Smith, Association World Travel, Englewood, CO (800) 876-3388, FAX (303) 290-9807.

The meeting will have two sections, and ADPTC members are invited to join either or both section. Note that there is no conference fee for the meeting.

On March 16, 2001 (Friday) starting at 1:00 PM and possibly extending into the evening, the Executive Committee Meeting will meet, with an invitation to other members who are interested. Topics for discussion will include:

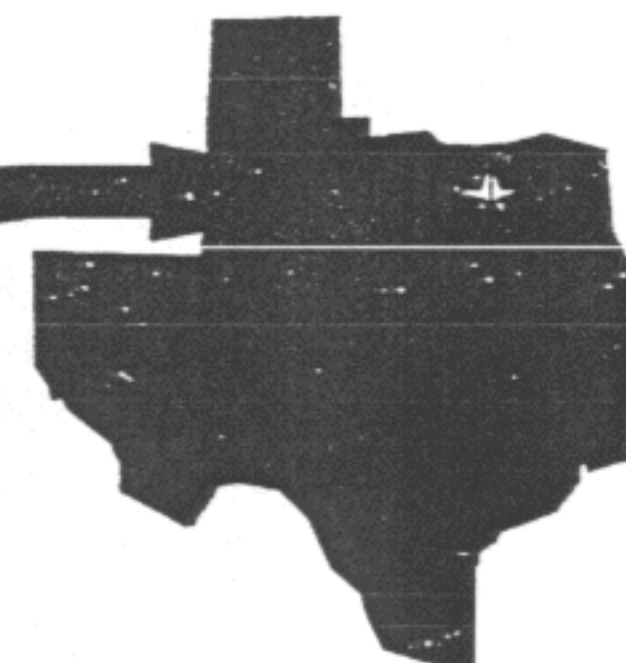
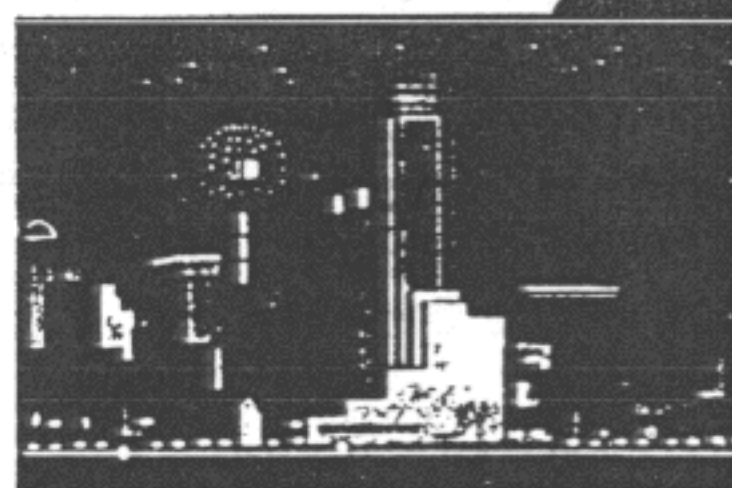
(a) Training standards for practicum sites. The report to the Commission on Education and Training Leading to Licensure in Psychology (the task force set up by Norine Johnson, new APA president) specifically cites and recommends a conference (which would include ADPTC, thanks to our efforts to be included!) to establish a set of standards for practicum training. We will review our own guidelines, review the areas listed as requiring standards in the report to the Commission, and modify or enhance our guidelines in anticipation of this conference.

(b) At the CCTC meeting and the Education Directorate Meetings that I attended for ADPTC this Fall in Washington, DC, the issue of practicum training was clearly on people's mind. The standards issue noted above was one way. The report mentioned above also includes a statement that two years of clinical training should be required for the doctorate in clinical, but that only one of these need be before the Ph.D. is granted. Therefore, practicum training will take on a larger role in pre-degree training. This raises the issue of who can represent practicum training agencies. The APA wants practicum sites to be represented so that the discussion does not become a one-sided expression of clinical programs' views about practicum training. ADPTC is for university-based clinics only, but a large number (actually the great majority) of practicum sites are not within our association. We need to think through how or even if we can represent these other practicum sites.

(c) We need to further refine our Executive Committee structure. Our new system is working much better than the old one, but we need a Program Committee and some more ways of helping Lee Cooper with the Resources Committee.

On March 17, 2001 (Saturday) morning and afternoon sessions especially for ADPTC members will occur. We will begin with a review of news relevant to ADPTC members and a discussion of the issues listed above to inform and get input from members. Next, we will address several topics that have come up as of interest to Clinic directors: (a) supervision, (b) dealing with "impaired" student therapists or supervisors, (c) how to assess competencies/the effects of training. We will have presentations on these topics in the morning from within our group, with a possible outside speaker on the issue of impaired students, followed by roundtable discussions in the afternoon. To look ahead to San Francisco in August, we will solicit ideas for topics and session formats for the ADPTC Conference on the Thursday before the APA Convention begins. Lunch will be included in the program. The folks who stay over Saturday night can plan a fun dinner nearby.

Please join us in Dallas!



Secretary/Treasurer's Report

Tony Cellucci cellanth@isu.edu

ADPTC Annual Business Meeting Minutes
Washington, DC—APA Convention
August 5, 2000

Attendance: Tony Cellucci (Idaho State), Mary Alice Conroy (Sam Houston), Lee Cooper (Virginia Tech), Eva Feindler (Long Island Univ), John Flora-Tostado (Loma Linda Univ), Kim Fuller (Univ of Miami), Bob Hatcher (Univ of Michigan), Rob Heffer (Texas A&M), Dan McNeil (West Virginia), William Rae (Texas A&M), Hal Rogers (visitor), Jean Spruill (Univ of Alabama), Jacqueline Wall (Univ of Indianapolis), Susan Zlotlow (COA visitor).

Bob Hatcher (President) chaired the ADPTC Annual Business Meeting at the APA Convention in Washington, DC. After brief introductions, various committee reports of the group's activities and future plans were provided.

The Secretary/Treasurer indicated that 117 members have paid dues within the last year. The account balance was reported as \$10,281, excluding expenses associated with this year's pre-APA Convention workshop.

Lee Cooper provided a report on the Resource Committee, focusing on the organization's plan to develop a website. Executive Committee had approved funds for this purpose. An initial design was approved and feedback given as to layout and possible documents (e.g., membership directory, manual, listserv discussions) that might be included. Only paid members would have access to the resource portion of the website. Lee was commended for his efforts.

John Flora-Tostado spoke about a Division 12 Task Force on the education and training in behavioral emergencies. The task force is headed by Philip Kleespies. The Task Force report can be found at www.apa.org/divisions/div12/section7. The group discussed in-service training needs and resources in this area. John will continue to investigate and report back to ADPTC.

The group discussed and approved sending an ADPTC representative to the CUDCUP meetings in January. Both John Flora-Tostado and Bob Hatcher are planning on attending this meeting and could represent us. The drafted "Guidelines for Training Clinics" will be given to both CUDCUP and COA for further comments and discussion.

Rob Heffer will chair the ADPTC nominating committee. It was explained that because of Brian Lewis' departure, the executive committee recommended a special election to elect a president-elect. The president elect could then work with Dr. Hatcher before assuming the presidency. Regular nominations for the other officers of ADPTC would take place Spring 2001. Kim Fuller suggested ADPTC also consider regional representatives.



Tony Cellucci shared the CCTC practicum survey; however a caveat was that training clinic directors constituted only a small portion of the respondents. Bob Hatcher represented the need for ADPTC itself to have updated information from members on such topics as the clinic director's position, practicum training issues, and service areas including marketing. It was decided that a brief ADPTC survey with a rotating emphasis might be useful.

A final topic was the possibility of a Mid-Year meeting in 2001. The idea of a continuing education topic (e.g., clinical supervision, crisis management) along with new ADPTC directions was endorsed. Possible locations were also discussed with further input to be solicited from the listserv. It was also suggested that next year's pre-APA Convention workshop focus on the broader topic of how practicum training in clinics relates to or is integrated with various departmental training models.

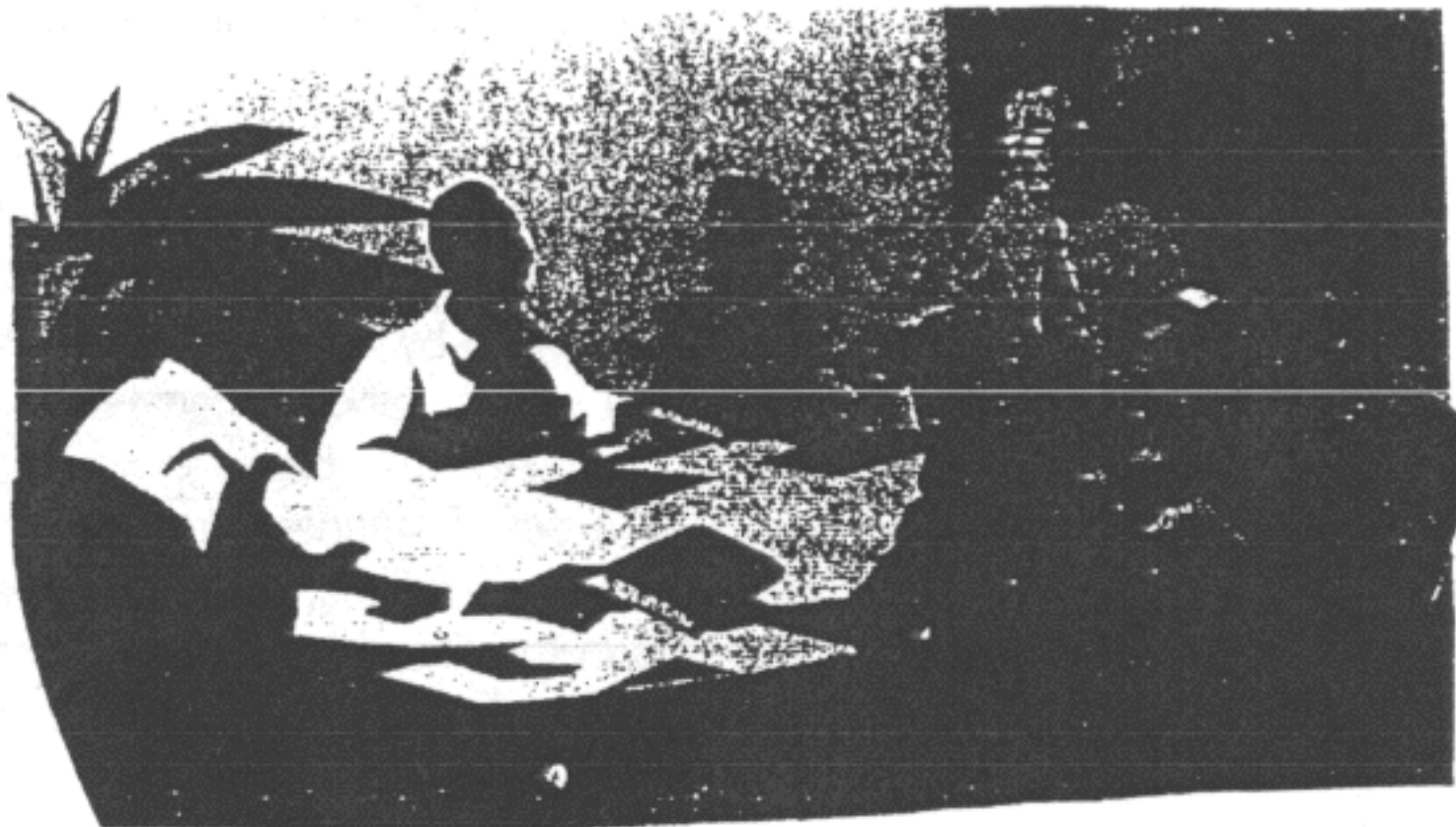
Future Meeting Plans

Bobbi Volmer bvollmer@du.edu

Please watch your email for upcoming information regarding our August 2001 Pre-APA Convention Workshop in San Francisco.

1. What issues would you like to see addressed at this full-day workshop?
2. Who would you like to hear as a presenter (feel free to suggest yourself)?
3. What other suggestions do you have regarding format, place, dates, and content of future meetings?

If you have ideas for this day of workshops and/or want to become involved in the planning or programs, please contact Bobbi Volmer, Ph.D., Counseling & Educational Services Clinic, University of Denver, 2450 South Vine, #226, Denver, CO 80208, (303) 871-3230, bvollmer@du.edu.



Training Ethics

Rob Heffer rwh@psyc.tamu.edu

This column was first presented as "Incorporating Ethics Training into Your Clinic and Training Program" at the ADPTC Pre-APA Convention Workshop on 8/3/2000 in Washington, DC.

Ethics may be defined as a system of principles of conduct that guide the behavior of an individual (Jacob-Timm & Hartshorne, 1998). Ethics codes are principles specifying the rights and responsibilities of professionals. As a reflection of the consensus of the profession, ethics codes are prescriptive and normative values (Koocher & Keith-Spiegel, 1998).

Many authors recommend the need for practitioners and academicians alike to become more aware of ethical implications of various actions and to practice ethical decision making (Jacob-Timm & Hartshorne, 1998; Koocher & Keith-Spiegel, 1998; Pope & Velasquez, 1998). As trainers of clinical, counseling, and school psychologists, we have an ethical obligation to assist trainees in developing their own sense of professional and personal ethics. Specific suggestions for incorporating ethics training into your clinic and training program include:

1. "Know the Code" : *American Psychologist*, December 1992
2. Provide and regularly discuss sources that elaborate on the Code and mental health law (e.g., texts, journals, professional newsletters, State Board publications and web sites).
3. Regularly compare and contrast the Code with State licensing and mental health law.
4. Model how to develop one's own personal "policy and procedures" manual, in which the Code, State law, and personal values are integrated.
5. Regularly model thinking about ethical decision making, rehearsing ethical problem solving, and applying ethical behavior.
6. Model appropriate consultation/shared supervision with colleague trainers who have a needed area of expertise for a given case or circumstance.
7. Provide well-developed forms and procedures in your Clinic manual and discuss the rationale and ethical implications for each.
8. Establish a structure system for continuous improvement in case documentation and Clinic procedures.
9. Include an "ethics" section in your Clinic manual or articulate ethical issues in various procedural sections.
10. Plan annual or semi-annual series of ethics and professional issues in Clinic meetings of students and faculty.
11. Attend and/or pay for students to attend ethics and professional issues continuing education workshops and then return to present the information to students and faculty.
12. Ask faculty or students to summarize and present for discussion relevant articles, for example for *Professional Psychology: Research and Practice*.
13. Advocate with fellow faculty that ethics be infused into each core training course in addition to a specific course on ethical and professional issues.
14. Allow students to observe faculty discussing and debating ethical issues.

15. Encourage and model discussion of ethical issues and ethical problem solving in case supervision.
 16. Organize regular case presentations for faculty and students in which—among other aspects of the case—ethical and professional issues are discussed.
 17. Offer models and heuristics for ethical thinking and behavior.
 18. Assist students in understanding basic assumptions of ethical decision making (Pope & Velasquez, 1998).
- Understand awareness is a continuous, active process.
 - Combine creative thinking and knowledge of the Code and State law.
 - Know and critique the literature.
 - Be aware of personal emotional and intellectual competencies.
 - Be willing to wrestle with ethical dilemmas.



Resource Committee

Lee Cooper ldcooper@vt.edu

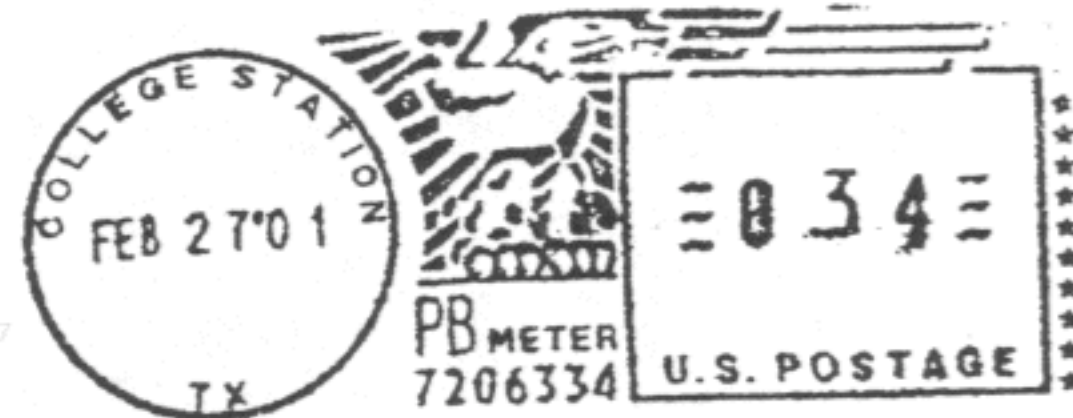
The ADPTC Resource Committee has focused much of its attention on the development of a ADPTC Website that has two major purposes: (a) to provide general information about the mission and activities of ADPTC and (b) to allow ADPTC members to view and download our library of materials typically utilized in a training clinic. The development of the website began following approval by the Executive Committee at the Annual Business Meeting during the APA Convention this past August.

Over the past months, we hired a website developer and Webmaster, Jason Fortney, a technical support specialist for the Department of Psychology at Virginia Tech. Since then, Jason has finished the "front end" of the website (i.e., the part of the website that includes information about the purpose, mission, committees, activities, etc. of ADPTC and will be available to view by anyone on the World Wide Web). Those who attended the ADPTC pre-APA workshop viewed the basic design and purposed format. Jason is currently finishing up the address list that will allow only members of ADPTC to have access to view and download the resource materials. He is also working on a "sign up" page that allows interested individuals or clinics to become a member of ADPTC. Upon completion of these pages, Jason will post a demonstration version for the Executive Committee to review and provide feedback.

At the time of my submission of this update for the Newsletter, our proposed time of completion for the website is January 2001. To help us with fully using the all the features of the website, please send any of the following to Jason Fortney at jfortney@vt.edu.

1. Information about upcoming events.
2. Policy, procedure and/or guidelines manuals.
3. Specialty clinic manuals.
4. Supervisee and supervisor evaluation forms.
5. Quality assurance plans.
6. Clinic Director job descriptions.
7. Clinical Supervisor job descriptions and/or guidelines.
8. Any other ideas, suggestions, items that you may want to see on the Website.

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Call for Nominations



According to the ADPTC By Laws: "The ADPTC is governed by an Executive Committee composed of a Past President, President, President-Elect, Secretary-Treasurer, and two Members-at-Large. Members in good standing may be nominated and elected to serve as President, Secretary-Treasurer, or Member-at-Large for a 2-year term. A single term is defined as beginning at the annual ADPTC conference held in conjunction with the annual APA convention in a given year and at the same conference in the following year." Also, "The Executive Committee is responsible for maintaining a nomination procedure that is disseminated to membership by May 1st of a given year. Nominated individuals must be notified of their nomination and agree to attend annual conferences and mid-year meetings during their proposed term of office (i.e., two years for Secretary-Treasurer and Member-at-Large, six years for President, inclusive of terms as President-Elect and Past President). The Executive Committee is responsible for maintaining an election nomination procedure that is disseminated to membership. A simple majority of all votes cast by July 1st of a given year will determine election to each of the four positions receiving nominations. Elected individuals will assume their responsibilities at the business meeting held at the annual ADPTC conference, typically held in mid-August."

Please watch the listserv for over the next several weeks for a solicitation of self-nominations from ADPTC members who would be willing to be considered for President. The person elected would serve in this role until August 2005 to complete Brian's Lewis term. Nominations will also be requested for President Elect, Secretary/Treasurer, and two Member-At-Large positions.

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Please send questions or comments about the Newsletter to Rob Heffer, Ph.D., ADPTC Newsletter Editor, TAMU Psychology Clinic, Department of Psychology, Texas A&M University, College Station, TX 77843-4235, (979) 862-2228, rwh@psyc.tamu.edu.

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- Secretary/ Treasurer: Tony Cellucci, Ph.D., Idaho State University, (208) 236-2129
- Email Consultant: Michael Raulin, Ph.D., SUNY at Buffalo, (716) 645-3697
- Other Executive Committee Members:
 - Lee Cooper, Ph.D., Virginia Tech, (504) 231-7709
 - Rob Heffer, Ph.D., Texas A&M University, (409) 862-2228
 - John Flora-Tostada, Ph.D., Loma Linda University, (909) 558-8615
 - Bobbi Volmer, Ph.D., University of Denver, (303) 871-3230